

# DISCOVERY 2000

## God's blessed rest day

### At Creation, Before Sin

Genesis 2:1-3 (2) God rested on, blessed and sanctified the 7th day at creation

### Before the Ten Commandments

Exodus 16:4, 23-30 (67)

v.4 test whether they would walk in God's law.

v.23-30 God provided manna 6 days a week, but none on His Sabbath

### Ten Commandments

Exodus 20: 8-11 (also Deuteronomy 5: 11-15)

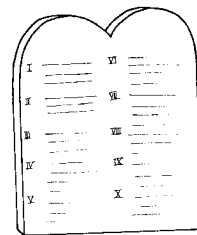
a/ Exodus 20:1 "God spoke all these words" Matthew 4:4 (937) "Man shall not live by bread alone, but by every word that proceeds out of the mouth of God

b/ Not new - God said "remember ...."

c/ Not the Sabbath of the Jews but of the LORD your God.

-Malachi 3:6 (930) Jehovah does not change

d/ Because ...



### During the Exodus

Exodus 31:12-17 Repeat of the Sabbath command and its link back to creation.

v.12 Jehovah calls it "My Sabbath"

### Babylonian captivity

Ezekiel 20 (819) In this chapter God is concerned about 2 sins - Sabbath breaking and idolatry - both involve rejecting Jehovah, the true God.

v. 12, 20 The Sabbath is a sign between Jehovah and his people.

### Was the Sabbath in the Old Testament just for the Jews?

Isaiah 56:1-7 (713) The Sabbath was for v.2 man (not specifically Jews)

v.4 Eunuchs

v.6 foreigners

*God's house was to be a house of prayer for all nations*

## Jesus and God's commandments

Matthew 5:17-20 (938) Jesus did not come to abolish the LAW or prophets.  
v.19 who will be called least in the KINGDOM? Who called great in the KINGDOM?

## Jesus Claim

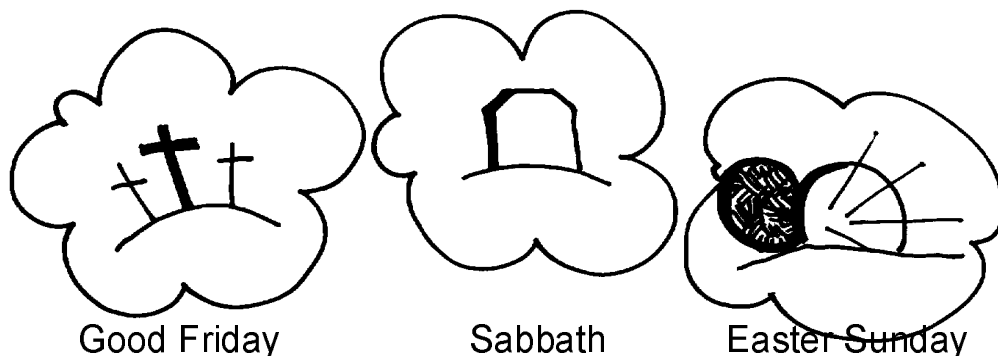
Mark 2:27, 28 (970) Sabbath was made for MAN. **MAN** does not spell **JEW**. The Sabbath was made for the benefit of mankind at creation.  
The Son of man is Lord of the Sabbath. If Jesus is our Lord we will keep the day he is Lord of.

## Jesus Example

Luke 4:16 (994) Can we go wrong if we follow Jesus example?

## Is Saturday of today the Seventh Day of Jesus time?

Luke 23:54 - 24:1 Christ was:  
crucified on the preparation day  
in the tomb on the Sabbath day  
raised on the first day.



Luke 23:56 Even though Jesus had died, the disciples still kept the Sabbath according to the commandments.

Continuous observance of the Sabbath by the Jews and later by Christians of Sunday confirm the weekly sequence of days has not changed

## Did Paul keep the Sabbath?

Acts 13:14, 42, 44 (1066) Paul attended the synagogue on the Sabbath.

Acts 16:3 No synagogue here. Paul went looking for a place of prayer

Acts 17:1-3 As his custom was ...

Acts 18:3,11 Paul gave a talk every Sabbath for a year and a half. No indication that when people became Christians they stopped keeping the Sabbath.

## In the End time

Matthew 24:20 Jesus is speaking of a day many years after his crucifixion. Yet his disciples are to pray not to have to flee in the winter or on the Sabbath day. If it doesn't matter which day we are to keep, Jesus is talking nonsense. Clearly his people would continue to be Sabbath keepers.

## In New Earth

Is 66:22,23 (724) In New Earth all will bow down and worship God from Sabbath to Sabbath.

## The Case for Sunday

### "First day" texts

Matthew 28:1 (967)

Mark 16:2, 9 (988)

Luke 24:1 (1023)

John 20:1 (1049)



Easter Sunday Morning

John 20:19

Acts 20:7 (1074)

1 Corinthians 16:2 (1111)

### "Lord's day"

Revelation 1:10 (1174)

## Sundry objections

**Romans 14:5** (1096) Context is v.1 "disputes over doubtful things

v.2, 6 speak of food suggesting that this passage is talking of fast days which some thought important, others not, but it didn't matter.

Paul in another place upheld the commandments of God while saying circumcision was not important. 1 Corinthians 7:19. (1103)

**Galatians 4:10** (1122) Observe days and months and seasons

i. It doesn't specify the Sabbath.

ii. Listing with months and seasons suggests something ceremonial, or maybe fast days

Whatever it was, their attitude was wrong - they though doing led to salvation

**Colossians 2:14-16** (1133) What was nailed to the cross?

The word translated "handwriting" can mean a signed statement of acknowledged guilt. i.e. our sins were nailed up.

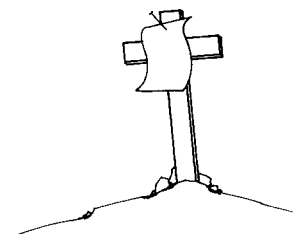
v. 8 = context -beware of deception following man's tradition, not Christ.

Men's tradition does not save, Jesus does.

v. 16 Is there anything wrong with eating and drinking? No, but they can be misused.

Likewise there is nothing wrong with the Sabbath

But it can be misused by being made a means of salvation



## In Revelation

Revelation 12:17 (1182) Satan hates the people who keep the commandments

Revelation 14:7 Call to worship God as the Creator

v.12 God's people observe his commandments.

## **Significance of the Sabbath**

Reminds us where we came from, why we are here, where we are going.

1. Creation Exodus 20
2. Salvation - our rest in Christ
3. Anticipation of NEW heaven and earth
4. A sign between God and His people Exodus 31:13, 17; Ezekiel 20:12,20

## **The Blessings of the Sabbath**

Antidote to   Materialism  
                  Stress  
                  Information overload - turn off TV, ignore the paper  
                  Workaholism

Family time   spending time together, building memories  
                  No work, no guilt  
                  Extended family - church

Time to step back, regroup, gain perspective, establish values. There is more to life than work.

## **Principles of Sabbath Keeping**

Exodus 20:8 -11 Work / rest

Nehemiah 13:15 - 22 (469) Not a commercial day

Isaiah 58:13,14 (715) God's day, a happy day, not a pleasure day

Matthew 12:12 Jesus showed how the Sabbath should be kept.

Leviticus 23:32 (116) From evening to evening

Hebrews 10:25 (1154) Assembling for fellowship